

COMFORT /HASSLES SCALE

A MEASURE OF FAMILY WELL-BEING FWB

Child's Name _____ Chart _____ Date _____

A. Comfort felt in the family

For each clinic visit, place a **C** in the block on the 1-10 continuum which best represents the family's level of **Comfort**, ease or satisfaction during the past month.

B. Hassles being experienced in the family

For each clinic visit, place an **H** in the block on the 1-10 continuum which best represents the family's level of **Hassles**, challenges, or demands during the past month.

The **Comfort** and **Hassles** levels are based on the parents' report, in combination with a clinician's assessment. The **family well-being** score (**FWB**) is obtained by dividing the level of **Hassles** into the **Comfort** level (**C/H**). On-going results are measured by connecting subsequent like-symbol scores.

Comfort/Hassles Scale

(Family Well-Being Scores)

Levels

10									
9									
8									
7									
6									
5									
4									
3									
2									
1									
Date									
FWB									

C (Comfort)/H (Hassles) = FWB